



WE CLAIM:

1. A method for delivering a medicament to an individual comprising the steps of:
providing a chewing gum consisting of a water-soluble portion, a water-insoluble base,
5 sweeteners, flavor, and a medicament;

chewing the chewing gum to cause the medicament to be released from the chewing gum
composition into the buccal cavity of the individual; and

continuing to chew the chewing gum thereby creating a fluid pressure causing the
medicament to enter the systemic system of the individual through an oral mucosa of the
10 individual.

2. The method of Claim 1 wherein the chewing gum is chewed for at least 2
minutes.

3. The method of Claim 1 wherein the chewing gum creates a saliva content of
medicament of approximately 1700 to about 4400 ppm.

4. The method of Claim 1 wherein the medicament is selected from the group
consisting of: analgesics; muscle relaxants; antibiotics; antivirals; antihistamines; decongestants;
20 anti-inflammatories; antacids; psychotherapeutic agents; insulin; vitamins; minerals; and
cardiovascular agents.

5. The method of Claim 1 including the steps of chewing a chewing gum including
the medicament at least twice a day.

6. The method of Claim 1 wherein the chewing gum creates a saliva content of
medicament of approximately 4 ppm to about 450 ppm.

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7. A method for reducing the amount of agent necessary to achieve an effect in an individual as compared a typical agent that is swallowed comprising the steps of:

providing a chewing gum consisting of a water-soluble portion, a water-insoluble base, sweeteners, flavor, and an agent that is typically swallowed by an individual to achieve a specific effect, the chewing gum including less than the typical amount of agent that is swallowed by the individual to achieve the effect;

chewing the chewing gum and thereby causing the agent to be released into the saliva of the individual; and

continuing to chew the chewing gum forcing the agent through an oral mucosa contained in a buccal cavity of the individual.

8. The method of Claim 7 wherein the agent is a medicament.

9. The method of Claim 8 wherein the medicament is selected from the group consisting of: analgesics; muscle relaxants; antibiotics; antivirals; antihistamines; decongestants; anti-inflammatories; antacids; psychotherapeutic agents; and cardiovascular agents.

10. The method of Claim 7 wherein the chewing gum is chewed for at least 2 minutes.

11. The method of Claim 7 wherein the chewing gum creates a saliva content of medicament of approximately 15 to about 440 ppm.

12. The method of Claim 7 including the steps of chewing a chewing gum including the medicament at least twice a day.

19. A method of delivering a medicament comprising the steps of:
providing a chewing gum consisting of a water-soluble portion, a water-insoluble base, sweeteners, flavor, and a medicament; and
chewing the chewing gum for at least 2 minutes in a buccal cavity of an individual chewing the chewing gum.

20. The method of Claim 19 wherein the medicament is selected from the group consisting of: analgesics; muscle relaxants; antibiotics; antivirals; antihistamines; decongestants; anti-inflammatories; antacids; psychotherapeutic agents; and cardiovascular agents.

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21. The method of Claim 19 including the steps of chewing a chewing gum including the medicament at least twice a day.

22. The method of Claim 19 wherein two pieces of chewing gum are chewed at a
10 time.